

FOUNDER'S MESSAGE

I grew up in a rural community where I witnessed families struggling in silence — children who never received the care they needed, women who had no pathway out of poverty, and elderly parents left without dignity. That lived experience, combined with 30 years of working across India in health, livelihoods, and community development, made one thing clear: the solution must come from within the community itself, not from above it. Sadhanika Foundation is my commitment — and our team's commitment — to building the kind of inclusive, responsive organisation that these communities have always deserved. We are small today. But we are built to scale, built to last, and built for impact.

Mr. Bala Chinnapa Reddy, Founder & Chief Mentor

ABOUT THE FOUNDATION

Sadhanika Foundation is a Section 8 non-profit organisation established on 11 November 2025 in Hanamkonda, Telangana. Built on decades of collective experience in health, nutrition, livelihoods, and inclusion, the Foundation bridges deep grassroots expertise with modern systems and innovation — creating scalable, sustainable impact for the most vulnerable: children with disabilities, women-headed families, and marginalised communities across rural Telangana.

The Foundation adopts a rights-based and inclusive development approach, aligned with global frameworks including the UN Sustainable Development Goals. From day one, ZOHO app-based accounting systems have been in place — ensuring full digital transparency and audit-readiness.

Not just an NGO — a high-value, scalable CSR and grant platform built to be fundable, replicable, and evidence-driven.

ORGANISATION AT A GLANCE

Legal Name	Sadhanika Foundation
Type	Section 8 Not-for-Profit Company
Governing Law	Companies Act, 2013 — Section 8
Date Established	11 November 2025
Registered Address	H.No. 24-6-112, Fatimanagar, Darga Roda, Kazipet, Hanamkonda, Telangana — 506004
CIN	U96091TS2025NPL206282
PAN	ABRCS8000P
TAN	NSKS42163C
12A	ABRCS8000PE20251
80G	ABRCS8000PF20251
CSR-1 Registration	CSR00109789
Darpan Registration	TS/2025/0889797
ESIC No	52002524620000999
FCRA	Preparing for eligibility post 3 years of operations
Accounting System	ZOHO App-based — 100% digital, real-time, audit-ready

Contact Person	Mr. Basani Bala Chinnapa Reddy, Director
Phone / Email	+91 98498 25375 info@sadhanika.org
Website	www.sadhanikafoundation.org

VISION · MISSION · VALUES

VISION <i>Empowering lives through care, education, and opportunity — for every individual, in every corner of India.</i>	MISSION <i>To deliver integrated, rights-based development for vulnerable communities through health, education, livelihoods, research, and environmental stewardship.</i>	VALUES <i>Inclusion · Dignity · Transparency · Innovation · Community Ownership · Evidence-based Action</i>
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THE PROBLEM WE ADDRESS — WHY NOW

Challenge	Ground Reality in Rural Telangana
Autism & Special Needs	18 million+ children with autism in India; early intervention nearly absent outside Tier-1 cities
Mental Health	<1 psychiatrist per 100,000 population in rural India (WHO 2023); severe stigma and zero services
Women's Economic Security	Women-headed households face structural income barriers; limited vocational training options
Elderly Care	Ageing rural population increasingly isolated; no formal care systems in non-metro districts
Inclusive Education	Children with disabilities routinely excluded from mainstream schooling in Hanamkonda region

The gap between need and service is not shrinking — it is widening. Every year of delay means more children left behind, more families in crisis. Sadhanika Foundation exists because that gap must close now.

THEORY OF CHANGE

Every programme Sadhanika Foundation implements follows a clear, evidence-anchored logic:

Problem	Intervention	Output	Outcome	Impact
No early autism detection in rural areas	Screening camps + therapy + parental counselling	Children assessed & on care plans	Improved developmental milestones	Inclusion in mainstream education & society
Mental health stigma & zero rural services	Community mental health programmes & awareness	Normalised help-seeking; counselling coverage	Reduced distress; functional coping	Resilient, self-sustaining communities
Women-headed families in poverty	Vocational training + enterprise support + SHGs	Income-generating skills acquired	Financial independence of households	Intergenerational poverty reduction

Problem	Intervention	Output	Outcome	Impact
Children excluded from schools	Inclusive education models + teacher training	Children enrolled in appropriate settings	Learning, integration & belonging	social & Equal opportunity and rights fulfilled

FOCUS AREAS & UN SDG ALIGNMENT

Focus Area	Key Interventions	SDGs
Mental Health & Autism Care	Early screening, therapy, parental counselling, community mental health programmes	SDG 3
Inclusive Education	Therapeutic education, inclusive schooling models, teacher & caregiver training	SDG 4
Women & Livelihood Empowerment	Vocational training, rural enterprises, SHG strengthening, women-headed household support	SDG 5, 8
Elderly Care	Dignified ageing support, rehabilitation, elder befriending & community care	SDG 3, 10
Agri Livelihoods & Rural Enterprise	Farmer support, eco-based cooperatives, sustainable agri-enterprise development	SDG 1, 2
Research, Advocacy & Policy	Evidence-based research, government partnerships, policy dialogue & systemic change	SDG 16, 17
Environment & Sustainability	Water & soil conservation, eco-community initiatives, climate-resilient practices	SDG 13, 15

FOUNDING TEAM

Name & Role	Background & Expertise
Mr. Bala Chinnapa Reddy Founder & Chief Mentor	30+ years across national and international development organisations in health, nutrition, sustainable livelihoods, water conservation, and rural development. Rural background; deep grassroots understanding. Led large-scale programmes impacting thousands of families across Telangana and beyond.
Mr. M. Anand Co-Founder	18+ years in development; former roles at TVS Group, Heifer International, Green Foundation, and Reddy Foundation. Expert in programme implementation, farmer livelihood models, and community-based development. Strong field and institutional networks.
Ms. Anusha Co-Founder	MSc Counselling Psychology. Specialises in autism centre management, community mental health programme design, and therapeutic inclusive education. Brings both clinical expertise and lived insight into disability inclusion and child development.

Governance Structure

- Board of Directors: Section 8 company with formal founding board — statutory governance, transparent financial oversight, and legal accountability under the Companies Act 2013
- Advisory Board: Being constituted with domain experts in child development, mental health, rural livelihoods, and CSR — announcement expected Q2 2026
- Committees being established: Finance & Audit Committee, Programme Quality Committee, Safeguarding Committee

- Annual General Meetings, board minutes, and financial disclosures maintained as per Companies Act 2013
- All decisions involving expenditure above ₹5,000 require dual authorisation

WORK IN THE FIRST 5 MONTHS (NOV 2025 – MAR 2026)

The Foundation is in its inception phase. Below reflects ground-level activity and the pipeline being built for formal programme launch in 2026–27.

Activity Area	What Was Done
Needs Assessment	Community outreach and family-level needs assessment conducted for children with autism and special needs across Hanamkonda district
Autism & Counselling	Initial counselling, guidance, and psycho-education provided to families of children with developmental delays through founder's clinical network
Government Mapping	Mapping completed of anganwadi centres, primary health facilities, and special schools for integration partnership planning
School Engagement	Consultations held with local schools to assess readiness for inclusive education pilots in 2026
Systems & Governance	ZOHO accounting implemented, governance framework structured, 35+ organisational policies drafted and adopted
Legal & Compliance	Section 8 registration completed; 12A, 80G, and CSR-1 obtained

Quantified beneficiary data will be published from the first full programme cycle (2026–27). The Foundation actively invites early-stage implementation and funding partners to co-create this evidence base.

GEOGRAPHICAL FOOTPRINT

Phase	Timeline	Geography	Milestone
Phase 1 — Establish	2025–2027	Hanamkonda district	Core programmes operational; 500+ beneficiaries; model validated
Phase 2 — Expand	2027–2029	4 districts, Telangana	Replication across Warangal, Janagaon, Mahabubabad; 2,000+ beneficiaries; CSR partnerships active
Phase 3 — Scale	2029–2032	Telangana + adjacent states	State-level policy influence; replicable model deployed; 10,000+ beneficiaries

Current operational presence: Hanamkonda · Warangal · Janagaon · Mahabubabad

MONITORING & EVALUATION FRAMEWORK

Results-based management is core to Sadhanika Foundation's approach. Every programme is measured against the following indicator framework:

Indicator	Baseline	Target (Year 1)	Measurement Tool
Children assessed (autism / special needs)	Mapping done	50 children	Intake & clinical records
Families receiving counselling & support	Initial consultations	100 families	Session registers

Indicator	Baseline	Target (Year 1)	Measurement Tool
Women trained in livelihood skills	Baseline mapped	75 women	Training logs & income surveys
Community mental health sessions	0 formal sessions	24 sessions/year	Event registers, participant data
Schools adopting inclusive practices	Consultations done	5 schools	School assessments & observations
Beneficiary satisfaction rating	N/A	≥ 80% positive	Quarterly feedback surveys

Data collected via ZOHO and field-based digital tools. Annual independent programme review planned from Year 2.

FINANCIAL TRANSPARENCY & CONTROLS

Area	Practice
Accounting System	ZOHO app-based — 100% digital, real-time, shareable with auditors and donors on request
Internal Controls	Dual authorisation required for all expenditure above ₹5,000; monthly bank reconciliation; segregation of duties
Audit Plan	Statutory audit by registered CA firm from first financial year (2025–26); audited statements available to partners
Fund Utilisation	Minimum 80% of funds directed to direct programme costs; administrative costs transparently capped and disclosed
Donor Reporting	Quarterly financial updates to institutional funders; annual audited statements published and shared proactively
Cost Efficiency	Cost-per-beneficiary metrics tracked and published from Year 1 as standard practice

Banking Information

Detail	Information
Bank Name	State Bank of India
Branch	Kazipet, Hanamkonda
Account Name	Sadhanika Foundation
Account Type	Current Account
Account No. / IFSC	Available upon formal partnership confirmation

Complete banking and fund transfer details are shared upon formal partnership confirmation or MoU signing, ensuring security and compliance.

SAFEGUARDING, GOVERNANCE & POLICY FRAMEWORK

Sadhanika Foundation has adopted a 35+ policy governance framework aligned with international NGO standards. Core policies include:

Policy	Status	Key Commitment
Child Protection Policy	Adopted	Zero tolerance for abuse; mandatory reporting; DBS/background checks for all staff & volunteers
Safeguarding Policy	Adopted	Covers beneficiaries, staff, volunteers & partners; incident response protocol in place
Data Privacy Policy	Adopted	Beneficiary data secure; no third-party sharing without consent; DPDP Act compliant
Anti-Fraud & Anti-Corruption	Adopted	Whistle-blower channel; board oversight; segregation of financial duties
Equal Opportunity Policy	Adopted	Non-discrimination across gender, caste, religion, ability, and age
Code of Conduct	Adopted	Applies to board members, staff, volunteers, interns, and programme partners
Financial Management Policy	Adopted	Procurement rules, expense authorisation matrix, audit obligations
Environmental Policy	Adopted	Eco-conscious operations, waste reduction, sustainability in all programmes

Full 35+ policy framework documentation available for review by institutional donors, CSR partners, and regulatory bodies on request.

PARTNERSHIP ECOSYSTEM

Partner Type	Partners (Existing & Pipeline)	Role
Government	District Health Office, ICDS Anganwadi Centres, SSA / RMSA Schools, NIMHANS network	Service integration, referrals, co-delivery, convergence funding
Healthcare	Government hospitals (Hanamkonda), local clinics, specialist therapy providers	Screening, therapy referrals, clinical supervision
Academic	Universities & special education colleges in Telangana	Research partnerships, internships, faculty expertise
Corporate / CSR	Local industries, national CSR platforms, SBI Foundation (pipeline)	Funding, infrastructure, skill development support
Civil Society	Women's SHGs, disability federations, community-based organisations	Outreach, mobilisation, co-implementation at grassroots
International	NIL	

INNOVATION & WHAT MAKES US DIFFERENT

- Integrated model — health, education, livelihoods, and mental health addressed together; not in silos (rare in rural India)
- Autism + community care — one of very few organisations combining clinical autism support with broader community development in non-metro India
- Grassroots-to-governance — founded by leaders with both decades of field experience and the systems thinking required for institutional scale
- Technology-first — ZOHO-powered financials, digital M&E, paperless operations from Day 1
- Replicable model — all programme designs are documented and structured for district-level replication
- Cost-conscious — cost-per-beneficiary tracking built into operations from Year 1

WHY PARTNER WITH SADHANIKA FOUNDATION

Scale Ready Systems, governance, and programme frameworks are built for growth — not retrofitted later. We are designed to absorb resources and deliver.	Proven Leadership Combined 50+ years of field-level expertise across health, livelihoods, and disability inclusion — with zero learning curve.	Accountability ZOHO accounting, dual financial controls, statutory audit, and 35+ governance policies give donors and CSR partners institutional confidence.
Rare Niche Autism + community development is an underserved, under-funded space. Sadhanika fills a genuine gap no other local organisation covers.	SDG-Aligned All programmes directly contribute to SDGs 3, 4, 5, 8, 10, 13, 16 — enabling easy CSR and ESG alignment for corporate partners.	Replicable Model Every intervention is designed to be documented, evaluated, and replicated across districts and states — making your investment multiply.

STATUTORY & REGULATORY COMPLIANCE

Document / Registration	Details	Status
Section 8 Registration	Companies Act 2013 — Not-for-Profit	✓Active
CIN	U96091TS2025NPL206282	✓Available
PAN Card	ABRCS8000P	✓Available
12A — Income Tax Exemption	ABRCS8000PE20251	✓Available
80G — Donor Tax Benefit	ABRCS8000PF20251	✓Available
CSR-1 Registration	CSR00109789	✓Available
Memorandum of Association	Available	✓Available
ZOHO Accounting	Operational from date of registration	✓Active
Governance Policies	35+ policies adopted	✓Complete
FCRA	Preparing for eligibility after 3 years	Planned 2028

*Sadhanika Foundation works to build scalable, evidence-based models for inclusive health, education, and livelihoods
ensuring no vulnerable individual is left behind.*